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The Farther Reaches of Human Nature The Farther Reaches of Human Nature [By] Abraham H. Maslow The Farther Reaches of Human Nature Farther Reaches of Human Nature Abraham Maslow and the Farther Reaches of Human Nature Larklight The Farther Reaches of Human Nature Farther Reaches of Human Nature-lecture The Farther Reaches of Human Learning Holistic Health Farther Away The Blue Book of Grammar and Punctuation A Theory of Human Motivation Farthest Reach Religions, Values, and Peak-Experiences Possibilities of Human Consciousness Gastro Obscura Motivation And Personality The Master Mind of the Self-Actualizing Person The Farthest Shore FARTHER Psychological Trauma And Adult Survivor Theory Farther Touch the Top of the World Toward a Psychology of Being The Underground Railroad Awake Yonder Farthest Field: An Indian Story of the Second World War Things Fall Apart Farthest Star Eupsychian management Star Trek Cookbook The Farthest Away Mountain The Book Thief The Light Between Oceans Farthest Reach Sadomasochism Blockchain Chicken Farm The Huntress

The Light Between Oceans by M. L. Stedman | Summary & Analysis Preview: The Light Between Oceans by M.L. Stedman is a novel that chronicles the lives of a couple and the baby they adopt. The couple, Tom and Isabel, live on an island. They find the baby washed up on shore and decide to raise the child as their own. The baby's mother is actually still alive and searching for her child, and the couple eventually must return the girl to her biological mother under threat of criminal charges for kidnapping and fraud.... PLEASE NOTE: This is a summary and analysis of the book and NOT the original book. Inside this Instaread Summary & Analysis of The Light Between Oceans: • Summary of book • Introduction to the Important People in the book • Analysis of the Themes and Author's Style Tells the story of a father who dreamed of being able to fly and how that dream was passed on to future generations. When the prince of Enlad declares the wizards have forgotten their spells, Ged sets out to test the ancient prophecies of Earthsea. Jonathan Franzen's *Freedom* was the runaway most-discussed novel of 2010, an ambitious and searching engagement with life in America in the twenty-first century. In *The New York Times Book Review*, Sam Tanenhaus proclaimed it "a masterpiece of American fiction" and lauded its illumination, "through the steady radiance of its author's profound moral intelligence, [of] the world we thought we knew." In *Farther Away*, which gathers together essays and speeches written mostly in the past five years, Franzen returns with renewed vigor to the themes, both human and literary, that have long preoccupied him. Whether recounting his violent encounter with bird poachers in Cyprus, examining his mixed feelings about the suicide of his friend and rival David Foster Wallace, or offering a moving and witty take on the ways that technology has changed how

people express their love, these pieces deliver on Franzen's implicit promise to conceal nothing. On a trip to China to see first-hand the environmental devastation there, he doesn't omit mention of his excitement and awe at the pace of China's economic development; the trip becomes a journey out of his own prejudice and moral condemnation. Taken together, these essays trace the progress of unique and mature mind wrestling with itself, with literature, and with some of the most important issues of our day. *Farther Away* is remarkable, provocative, and necessary. *The Water Dancer* meets *The Prophets* in this spare, gripping, and beautifully rendered novel exploring love and friendship among a group of enslaved Black strivers in the mid-19th century. They call themselves the Stolen. Their owners call them captives. They are taught their captors' tongues and their beliefs but they have a language and rituals all their own. In a world that would be allegorical if it weren't saturated in harsh truths, Cato and William meet at Placid Hall, a plantation in an unspecified part of the American South. Subject to the whims of their tyrannical and eccentric captor, Cannonball Greene, they never know what harm may befall them: inhumane physical toil in the plantation's quarry by day, a beating by night, or the sale of a loved one at any moment. It's that cruel practice—the wanton destruction of love, the belief that Black people aren't even capable of loving—that hurts the most. It hurts the reserved and stubborn William, who finds himself falling for Margaret, a small but mighty woman with self-possession beyond her years. And it hurts Cato, whose first love, Iris, was sold off with no forewarning. He now finds solace in his hearty band of friends, including William, who is like a brother; Margaret; Little Zander; and Milton, a gifted artist. There is also Pandora, with thick braids and long limbs, whose beauty calls to him. Their relationships begin to fray when a visiting minister with a mysterious past starts to fill their heads with ideas about independence. He tells them that with freedom comes the right to choose the small things—when to dine, when to begin and end work—as well as the big things, such as whom and how to love. Do they follow the preacher and pursue the unknown? Confined in a landscape marked by deceit and uncertainty, who can they trust? In an elegant work of monumental imagination that will reorient how we think of the legacy of America's shameful past, Jabari Asim presents a beautiful, powerful, and elegiac novel that examines intimacy and longing in the quarters while asking a vital question: What would happen if an enslaved person risked everything for love? A *New York Times*, *USA Today*, and national indie bestseller. *A Feast of Wonder!* Created by the ever-curious minds behind *Atlas Obscura*, this breathtaking guide transforms our sense of what people around the world eat and drink. Covering all seven continents, *Gastro Obscura* serves up a loaded plate of incredible ingredients, food adventures, and edible wonders. Ready for a beer made from fog in Chile?

Sardinia's "Threads of God" pasta? Egypt's 2000-year-old egg ovens? But far more than a menu of curious minds delicacies and unexpected dishes, *Gastro Obscura* reveals food's central place in our lives as well as our bellies, touching on history—trace the network of ancient Roman fish sauce factories. Culture—picture four million women gathering to make rice pudding. Travel—scale China's sacred Mount Hua to reach a tea house. Festivals—feed wild macaques pyramid of fruit at Thailand's Monkey Buffet Festival. And hidden gems that might be right around the corner, like the vending machine in Texas dispensing full sized pecan pies. Dig in and feed your sense of wonder. "Like a great tapas meal, *Gastro Obscura* is deep yet snackable, and full of surprises. This is the book for anyone interested in eating, adventure and the human condition." -Tom Colicchio, chef and activist "This exquisite guide kept me at the breakfast table until dinner time." -Kyle MacLachlan, actor and vintner Is there one food that humans, Klingons, Bajorans, and Vulcans would like? If so, what would it taste like? How would you prepare it? Could you find all the ingredients locally? This is the task that faces Neelix, chef for the U.S.S. *Voyager*™, every time he takes on the challenge of trying to feed its crew of 140 food critics. But over the course of their journey, Neelix's learned a few tricks of the trade. He had to, just as a matter of self-preservation. Ethan Phillips, in the persona of Neelix, and William J. Birnes, the *New York Times* bestselling coauthor of *The Day After Roswell*, throw wide the vaults of interstellar haute cuisine, revealing for the first time the secret preparation techniques behind all those exotic dishes and drinks. The favorite foods of characters from every *Star Trek* series and movie are here, all adapted for easy use in twentieth-century kitchens. The *Star Trek Cookbook* also features a complete guide for whipping up the all the drinks served at Quark's. Fun, and easy to use, the *Star Trek Cookbook* is your indispensable guide to the food of the stars! I have tried in this revision to incorporate the main lessons of the last sixteen years. These lessons have been considerable. I consider it a real and extensive revision—even though I had to do only a moderate amount of rewriting—because the main thrust of the book has been modified in important ways which I shall detail below. A *New York Times Book Review* Editors' Choice "A brilliant and empathetic guide to the far corners of global capitalism." -Jenny Odell, author of *How to Do Nothing From FSGO x Logic: stories about rural China, food, and tech that reveal new truths about the globalized world* In *Blockchain Chicken Farm*, the technologist and writer Xiaowei Wang explores the political and social entanglements of technology in rural China. Their discoveries force them to challenge the standard idea that rural culture and people are backward, conservative, and intolerant. Instead, they find that rural China has not only adapted to rapid globalization but has actually innovated the technology we all use today. From pork farmers using AI to produce the perfect pig, to

disruptive luxury counterfeits and the political intersections of e-commerce villages, Wang unravels the ties between globalization, technology, agriculture, and commerce in unprecedented fashion. Accompanied by humorous “Sinofuturist” recipes that frame meals as they transform under new technology, Blockchain Chicken Farm is an original and probing look into innovation, connectivity, and collaboration in the digitized rural world. FSG Originals × Logic dissects the way technology functions in everyday lives. The titans of Silicon Valley, for all their utopian imaginings, never really had our best interests at heart: recent threats to democracy, truth, privacy, and safety, as a result of tech’s reckless pursuit of progress, have shown as much. We present an alternate story, one that delights in capturing technology in all its contradictions and innovation, across borders and socioeconomic divisions, from history through the future, beyond platitudes and PR hype, and past doom and gloom. Our collaboration features four brief but provocative forays into the tech industry’s many worlds, and aspires to incite fresh conversations about technology focused on nuanced and accessible explorations of the emerging tools that reorganize and redefine life today. Abraham H. Maslow was one of the foremost spokespersons of humanistic psychology. In *The Farthest Reaches of Human Nature*, an extension of his classic *Toward a Psychology of Being*, Maslow explores the complexities of human nature by using both the empirical methods of science and the aesthetics of philosophical inquiry. With essays on biology, synergy, creativity, cognition, self-actualization, and the hierarchy of needs, this posthumous work is a wide-ranging synthesis of Maslow’s inspiring and influential ideas. Winner of the Pulitzer Prize and the National Book Award, this #1 New York Times bestseller chronicles a young slave’s adventures as she makes a desperate bid for freedom in the antebellum South. The basis for the acclaimed original Amazon Prime Video series directed by Barry Jenkins. Cora is a slave on a cotton plantation in Georgia. An outcast even among her fellow Africans, she is on the cusp of womanhood—where greater pain awaits. And so when Caesar, a slave who has recently arrived from Virginia, urges her to join him on the Underground Railroad, she seizes the opportunity and escapes with him. In Colson Whitehead’s ingenious conception, the Underground Railroad is no mere metaphor: engineers and conductors operate a secret network of actual tracks and tunnels beneath the Southern soil. Cora embarks on a harrowing flight from one state to the next, encountering, like Gulliver, strange yet familiar iterations of her own world at each stop. As Whitehead brilliantly re-creates the terrors of the antebellum era, he weaves in the saga of our nation, from the brutal abduction of Africans to the unfulfilled promises of the present day. The Underground Railroad is both the gripping tale of one woman’s will to escape the horrors of bondage—and a powerful meditation on the history we all share. Look for Colson Whitehead’s bestselling new novel, *Harlem Shuffle!* From Dakin’s bedroom window, the farthest-away mountain looks quite close, its peak capped with pink and purple and green snow rising above the pine wood just beyond the village. The incredible bestselling book from the author of *No Barriers* and *The Adversity Advantage* Erik

Weihenmayer was born with retinoscheses, a degenerative eye disorder that would leave him blind by the age of thirteen. But Erik was determined to rise above this devastating disability and lead a fulfilling and exciting life. In this poignant and inspiring memoir, he shares his struggle to push past the limits imposed on him by his visual impairment—and by a seeing world. He speaks movingly of the role his family played in his battle to break through the barriers of blindness: the mother who prayed for the miracle that would restore her son’s sight and the father who encouraged him to strive for that distant mountaintop. And he tells the story of his dream to climb the world’s Seven Summits, and how he is turning that dream into astonishing reality (something fewer than a hundred mountaineers have done). From the snow-capped summit of McKinley to the towering peaks of Aconcagua and Kilimanjaro to the ultimate challenge, Mount Everest, this is a story about daring to dream in the face of impossible odds. It is about finding the courage to reach for that ultimate summit, and transforming your life into something truly miraculous. “An inspiration to other blind people and plenty of us folks who can see just fine.”—Jon Krakauer, New York Times bestselling author of *Into Thin Air* *THINGS FALL APART* tells two overlapping, intertwining stories, both of which center around Okonkwo, a “strong man” of an Ibo village in Nigeria. The first of these stories traces Okonkwo’s fall from grace with the tribal world in which he lives, and in its classical purity of line and economical beauty it provides us with a powerful fable about the immemorial conflict between the individual and society. The second story, which is as modern as the first is ancient, and which elevates the book to a tragic plane, concerns the clash of cultures and the destruction of Okonkwo’s world through the arrival of aggressive, proselytizing European missionaries. These twin dramas are perfectly harmonized, and they are modulated by an awareness capable of encompassing at once the life of nature, human history, and the mysterious compulsions of the soul. *THINGS FALL APART* is the most illuminating and permanent monument we have to the modern African experience as seen from within. A book that dispels the myths about those who prefer to go beyond “vanilla” sex *Sadomasochism: Powerful Pleasures* is a comprehensive exploration of the entire sexual subculture that lies on the cutting edge of society. The mental health professions and society have marginalized people who practice sadomasochism (SM). This interdisciplinary collection dispels myths surrounding SM, bringing together leading scholars from the fields of sexology, psychology, sociology, and medicine, alongside queer studies and sexual minority advocacy. Experts such as Thomas S. Weinberg, PhD, Susan Wright, MA, Margaret Nichols, PhD, Odd Reiersol, PhD, Svein Skeid, Rebecca F. Plante, PhD, Niklas Nordling, MPsych, and N. Kenneth Sandnabba, PhD, among other stellar authorities, reveal research findings, clinical data, and critical thinking about sexuality that lies beyond “vanilla.” To gain a broader understanding of human sexuality, the study of SM is crucial for what it reveals about us as sexual beings. The text discusses the results of research into practitioners’ behaviors and perspectives, the prevalence of SM behaviors in today’s culture, and stresses the need for greater

tolerance and understanding. The realization of SM desires and their acceptance are explored in detail. This unflinching look at the world and the people of SM will guide scholars and lay people alike into a more sensitive, sex-friendly viewpoint of the people society calls “kinky.” *Sadomasochism: Powerful Pleasures* answers questions such as: What is the nature of SM relationships? What are the values and motives of SM participants? How do mental health professionals regard and treat SM practitioners? Should sadomasochism continue to be classified as a mental illness? What is the legal status of SM and what are the consequences of discrimination against SM practitioners? Does increasing visibility of SM imagery decrease stigma or create added problems? What can ordinary lovers learn from those we have marginalized about the farther reaches of human erotic potential? *Sadomasochism: Powerful Pleasures* is valuable, insightful reading for mental health professionals, students, sex educators, sex counselors, sex therapists, sex researchers, sexual health workers, sociologists, sexual minority groups, and anyone interested in learning more about the sexual pleasures that lie beyond the traditional. “...compulsively readable historical fiction...[a] powerful novel about unusual women facing sometimes insurmountable odds with grace, grit, love and tenacity.” - Kristin Hannah, *The Washington Post* Named one of best books of the year by Marie Claire and Bookbub “If you enjoyed “*The Tattooist of Auschwitz*,” read “*The Huntress*,” by Kate Quinn.” *The Washington Post* From the author of the New York Times and USA Today bestselling novel, *THE ALICE NETWORK*, comes another fascinating historical novel about a battle-haunted English journalist and a Russian female bomber pilot who join forces to track the Huntress, a Nazi war criminal gone to ground in America. In the aftermath of war, the hunter becomes the hunted... Bold and fearless, Nina Markova always dreamed of flying. When the Nazis attack the Soviet Union, she risks everything to join the legendary Night Witches, an all-female night bomber regiment wreaking havoc on the invading Germans. When she is stranded behind enemy lines, Nina becomes the prey of a lethal Nazi murderess known as the Huntress, and only Nina’s bravery and cunning will keep her alive. Transformed by the horrors he witnessed from Omaha Beach to the Nuremberg Trials, British war correspondent Ian Graham has become a Nazi hunter. Yet one target eludes him: a vicious predator known as the Huntress. To find her, the fierce, disciplined investigator joins forces with the only witness to escape the Huntress alive: the brazen, cocksure Nina. But a shared secret could derail their mission unless Ian and Nina force themselves to confront it. Growing up in post-war Boston, seventeen-year-old Jordan McBride is determined to become a photographer. When her long-widowed father unexpectedly comes home with a new fiancée, Jordan is thrilled. But there is something disconcerting about the soft-spoken German widow. Certain that danger is lurking, Jordan begins to delve into her new stepmother’s past—only to discover that there are mysteries buried deep in her family . . . secrets that may threaten all Jordan holds dear. In this immersive, heart-wrenching story, Kate Quinn illuminates the consequences of war on individual lives, and the price we pay to seek justice and truth. Enlightenment!-

You may spend your whole life seeking it, but never find it. You may never search for it or even know that it's possible, but reach it by accident. And you may live out your life ignorant of its existence, and die having never discovered your highest potential for happiness, self-mastery, and creative brilliance. The enlightened psychologist Abraham Maslow was the first to scientifically describe the fully enlightened person-which he called the "self-actualizing person." Building on Maslow's work through careful biographical study of the lives of self-actualizing people, humanistic psychologist and biographer Roman Gelpin found their enlightenment to stem from a nearly-identical handful of breakthrough experiences, which he will reveal to you in this book. Partly a firsthand account of the author's own accidental enlightenment, and partly a full biography of Abraham Maslow's rise to self-actualization, this book will teach you how to identify, understand, and attain those key experiences of: Unlocking the perennial method of using your mind to its fullest potential Being fully at peace with yourself, by deconstructing your internal conflicts Deriving a near-constant joy, pleasure, and satisfaction from sheer existence Half-creating, half-discovering your driving passion and unique purpose in life Automatically evolving the self-actualizing qualities of total honesty, supreme self-confidence, natural creativity, effortless spontaneity, and independent thinking By the end of this book, you will thoroughly understand what enlightenment is, how and why it occurs, and the ways to pursue it! Papers on health, creativeness, values, education, society, cognition, metamotivation as well as psychology of being. The second in a trilogy of novels from New York Times best-selling author Richard Baker. Farthest Reach is the second novel in a trilogy chronicling the tempestuous return of an isolated society of elves to the mainland of the Forgotten Realms world. The events in this trilogy will have a far-reaching impact across the entire setting. AUTHOR BIO: RICHARD BAKER works as a game designer and Managing Developer for the roleplaying game line at Wizards of the Coast, Inc. A New York Times bestselling author with Condemnation, his additional Forgotten Realms novels include The City of Ravens. From the Paperback edition. The bestselling workbook and grammar guide, revised and updated! Hailed as one of the best books around for teaching grammar, The Blue Book of Grammar and Punctuation includes easy-to-understand rules, abundant examples, dozens of reproducible quizzes, and pre- and post-tests to help teach grammar to middle and high schoolers, college students, ESL students, homeschoolers, and more. This concise, entertaining workbook makes learning English grammar and usage simple and fun. This updated 12th edition reflects the latest updates to English usage and grammar, and includes answers to all reproducible quizzes to facilitate self-assessment and learning. Clear and concise, with easy-to-follow explanations, offering "just the facts" on English grammar, punctuation, and usage Fully updated to reflect the latest rules, along with even more quizzes and pre- and post-tests to help teach grammar Ideal for students from seventh grade through adulthood in the US and abroad For anyone who wants to understand the major rules and subtle guidelines of English grammar and usage, The Blue Book of

Grammar and Punctuation offers comprehensive, straightforward instruction. "I have not lately read a finer book than this—on any subject at all. . . . A masterpiece." —Simon Winchester, New Statesman The photographs of three young men had stood in his grandmother's house for as long as he could remember, beheld but never fully noticed. They had all fought in the Second World War, a fact that surprised him. Indians had never figured in his idea of the war, nor the war in his idea of India. One of them, Bobby, even looked a bit like him, but Raghu Karnad had not noticed until he was the same age as they were in their photo frames. Then he learned about the Parsi boy from the sleepy south Indian coast, so eager to follow his brothers-in-law into the colonial forces and onto the front line. Manek, dashing and confident, was a pilot with India's fledgling air force; gentle Ganny became an army doctor in the arid North-West Frontier. Bobby's pursuit would carry him as far as the deserts of Iraq and the green hell of the Burma battlefield. The years 1939-45 might be the most revered, deplored, and replayed in modern history. Yet India's extraordinary role has been concealed, from itself and from the world. In riveting prose, Karnad retrieves the story of a single family—a story of love, rebellion, loyalty, and uncertainty—and with it, the greater revelation that is India's Second World War. Farthest Field narrates the lost epic of India's war, in which the largest volunteer army in history fought for the British Empire, even as its countrymen fought to be free of it. It carries us from Madras to Peshawar, Egypt to Burma—unfolding the saga of a young family amazed by their swiftly changing world and swept up in its violence. #1 NEW YORK TIMES BESTSELLER • ONE OF TIME MAGAZINE'S 100 BEST YA BOOKS OF ALL TIME The extraordinary, beloved novel about the ability of books to feed the soul even in the darkest of times. When Death has a story to tell, you listen. It is 1939. Nazi Germany. The country is holding its breath. Death has never been busier, and will become busier still. Liesel Meminger is a foster girl living outside of Munich, who scratches out a meager existence for herself by stealing when she encounters something she can't resist—books. With the help of her accordion-playing foster father, she learns to read and shares her stolen books with her neighbors during bombing raids as well as with the Jewish man hidden in her basement. In superbly crafted writing that burns with intensity, award-winning author Markus Zusak, author of I Am the Messenger, has given us one of the most enduring stories of our time. "The kind of book that can be life-changing." —The New York Times "Deserves a place on the same shelf with The Diary of a Young Girl by Anne Frank." —USA Today DON'T MISS BRIDGE OF CLAY, MARKUS ZUSAK'S FIRST NOVEL SINCE THE BOOK THIEF. Arthur (Art) Mumby and his irritating sister Myrtle live with their father in the huge and rambling house, Larklight, travelling through space on a remote orbit far beyond the Moon. One ordinary sort of morning they receive a correspondence informing them that a gentleman is on his way to visit, a Mr Webster. Visitors to Larklight are rare if not unique, and a frenzy of preparation ensues. But it is entirely the wrong sort of preparation, as they discover when their guest arrives, and a Dreadful and Terrifying (and Marvellous)

adventure begins. It takes them to the furthest reaches of Known Space, where they must battle the evil First Ones in a desperate attempt to save each other - and the Universe. Recounted through the eyes of Art himself, Larklight is sumptuously designed and illustrated throughout. The present paper is an attempt to formulate a positive theory of motivation which will satisfy these theoretical demands and at the same time conform to the known facts, clinical and observational as well as experimental. It derives most directly, however, from clinical experience. This theory is, I think, in the functionalist tradition of James and Dewey, and is fused with the holism of Wertheimer, Goldstein, and Gestalt Psychology, and with the dynamicism of Freud and Adler. This fusion or synthesis may arbitrarily be called a 'general-dynamic' theory. It is far easier to perceive and to criticize the aspects in motivation theory than to remedy them. Mostly this is because of the very serious lack of sound data in this area. I conceive this lack of sound facts to be due primarily to the absence of a valid theory of motivation. The present theory then must be considered to be a suggested program or framework for future research and must stand or fall, not so much on facts available or evidence presented, as upon researches to be done, researches suggested perhaps, by the questions raised in this paper. "Life is unpredictable, even though we always desire ecstasy. What if life offered you innumerable tragedies, sorrowful pains & dreadful agonies? Would you still have the courage to try and thrive to get what you want? And to be the so called 'Mr. Fortunate'? Or will you keep blaming your insecurities & failures and choose to be a fiasco?" A sweet couple, Manbir & Nivia, were living with their toddler, Ruhi. They stayed farther from their respective families, cursed by both their parents for having an inter-caste marriage. Manbir was a robotics engineer and while working hard on his dream project to make India's first AI robot, he failed in his family responsibilities, which was followed by his wife, Nivia's demise. And when all options were lost, Manbir had to struggle to look after his daughter Ruhi, while continuing to work on his company projects. Will he ever be able to be a great father for his motherless child? Will he ever be able to make India's first AI robot? And how will he find a way to look after his child during his office hours? To know more, read 'FARTHER - A Fabulous Tale of a Troubled Father.' Proposing religious experience as a legitimate subject for scientific investigation, Maslow studies the human need for spiritual expression. About the Author Abraham H. Maslow taught at Brooklyn College and the Western Behavioral Sciences Institute, and was Chairman of the Department of Psychology at Brandeis University. From 1967 to 1968 he was Preseident of the American Psychological Association. Dr. Maslow was one of the foremost spokesmen of the humanistic, or "Third Force," psychologies, and author of many books and articles, including Toward a Psychology of Being, The Psychology of Science, and Religions, Values, and Peak-Experiences. There was no shortage of danger on Cuckoo. 20,000 light years away, the enormous flat surface of Cuckoo travelling at one-sixth the speed of light aimed arrow-straight at the galaxy. Sun One sent the space probe Aurora with a crew of replicates, both human and alien, to

intercept. It was a doomed ship. Yet from that mission came Ground Station One, peopled by tachyon transmission, its crew impatient to explore the menace of Cuckoo. Towards them flee a young nomadic wingman, a redbearded giant, and a replicate Ben Yale Pertin intent only on survival, until a frightened girl screams for help... First published in 1991. In this book, the authors present a new conceptualization of the unique experience of trauma survivors. They offer both a new theoretical model which we call constructivist self-development theory (CSDT) and a description of its application to clinical assessment of and intervention with adult trauma survivors. Harald Voetmann's eye-opening English debut, *Awake*, is the first book of his erudite, grotesque, and absurdist trilogy about mankind's inhuman will to conquer nature. In a shuttered bedroom in ancient Italy, the sleepless Pliny the Elder lies in bed obsessively dictating new chapters of his *Natural History* to his slave Diocles. Fat, wheezing, imperious, and prone to nosebleeds, Pliny does not believe in spending his evenings in repose: No—to be awake is to be alive. There's no time to waste if he is to classify every element of the natural world in a single work. By day Pliny the Elder carries out his many civic duties and gives the occasional disastrous public reading. But despite his astonishing ambition to catalog everything from precious metals to the moon, as well as a collection of exotic plants sourced from the farthest reaches of the world, Pliny the Elder still takes immense pleasure in the common rose. After he rushes to an erupting Mount Vesuvius and perishes in the ash, his nephew, Pliny the Younger, becomes custodian of his life's work. But where Pliny the Elder saw starlight, Pliny the Younger only sees fireflies. In masterfully honed prose, Voetmann brings the formidable Pliny the Elder (and his pompous nephew) to life. *Awake* is a comic delight about one of history's great minds and the not-so-great human body it was housed in. WestWinds Press is proud to bring back into print this classic history of the Pacific Northwest from native daughter Nancy Wilson Ross. Reading the book is like opening a time capsule to Oregon and Washington as they were from the Oregon Trail days through the 1930s. FARTHEST REACH is

an engaging, affectionate account of the remote and mysterious Pacific Northwest and a celebration of its people—the loggers, fishermen, cowboys, Native Americans, and eccentrics; its big cities and rural towns, and its spectacular natural beauty, from the rugged coast to the wild rivers, the snowcapped mountains to the high desert.

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